
Notes from the Health Sciences Library - March 10

1 message

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Wed, Mar 10, 2021 at 9:01 AM



Focus on Women's Health



The celebration of *International Women's Day* this week (Monday, March 8th) makes it a good time to focus on women's health.

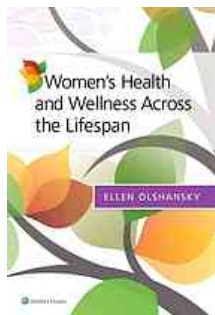
Enjoy exploring the websites, podcasts, books, and other readings highlighted here.

- **Office on Women's Health (OASH)** *a branch of the U.S. Dept. of Health & Human Services*
This organization provides national leadership and coordination to improve the health of women and girls through policy, education, and innovative programs. The site offers a wealth of information on health and wellness, diseases and conditions, and reproductive health specifically for and about women.
- **NIH Office of Research on Women's Health (ORWH)**
ORWH crafts and implements the *NIH Strategic Plan for Women's Health Research* and aims to advance rigorous research relevant to the health of women.
- **CDC Women's Health Topics** provides the latest news, research reports, statistics, and A-to-Z health topics about women's health issues.
- **HealthyWomen** offers information about a variety of women's health topics, news, apps, blogs and health management tools in an appealing and easy-to-read site.
- **Girlshealth.gov** gives adolescent girls reliable, current health information and motivates girls to choose healthy behaviors. *Created by U.S. Dept. of Health & Human Services.*
- **Our Bodies Ourselves Health Resources Center** provides information resources about a variety of topics including body image, eating well, sexual health, and more.

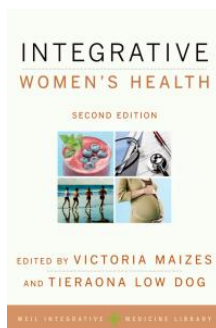
Women's Health Podcasts - a great variety of perspectives and topics!



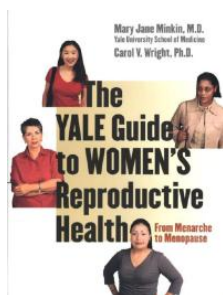
You can read recent and current content from this popular magazine through one of the [library databases](#).



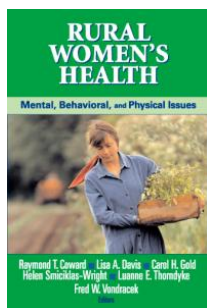
(ebook) [Women's Health and Wellness Across the Lifespan](#)



(ebook) [Integrative Women's Health](#)



(ebook) [The Yale Guide to Women's Reproductive Health](#)



(ebook) [Rural Women's Health: Mental, Behavioral, and Physical Issu](#)

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Want to meet with me? [Check my calendar](#) to set up a Zoom meeting.