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## Notes from the Health Sciences Library - February 10

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Mary Cabral <mcabral@clarkson.edu>  
To: Mary Cabral <mcabral@clarkson.edu>

Wed, Feb 10, 2021 at 8:27 AM



This week we continue the February focus on 'matters of the heart'. . . .cardiovascularly, that is, not in the Valentine's sense, even as we approach February 14th ; )

### Resource Highlights

[American Heart Association](#) 

The nation's oldest and largest voluntary organization dedicated to fighting heart disease. They provide a wealth of information about cardiac issues and healthy living. Check out their Interactive [Cardiovascular Media Library](#), where you'll find informative illustrations and animations about a variety of conditions, treatments and procedures related to heart disease and stroke.

[Heart Health](#) from the Network of the National Library of Medicine (NNLM)

Strengthening your heart knowledge can help strengthen your heart. The NNLM Reading Club recommends a handful of titles to explore with related info links and discussion guides.

[Take One Step for a Healthy Heart Podcast](#)

An eleven-part series, companion to the PBS special *The Hidden Epidemic: Heart Disease in America*, featuring Larry King.

### From the Health Sciences Library



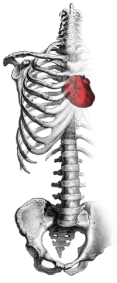
[Complete Anatomy](#)

This is an advanced and comprehensive 3D anatomy software that works as an interactive mobile app and allows users to view and manipulate various systems of the body in deep detail.

Access to over 1,500 learning videos are included in our subscription, with 60+ of those focused on cardiology.

You can even activate a virtual beating heart - see how it fits in with everything else anatomically and watch it function!

Let us know if you would like a short instruction session on how to access and use this incredible tool.

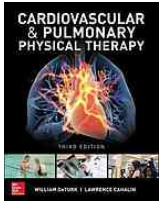


## Some Related Reading

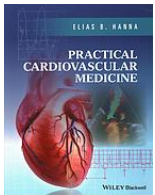
### Journals

- [European Heart Journal: Quality of Care & Clinical Outcomes](#) (European Heart Health Institute)
- [Heart Advisor](#) (Cleveland Clinic Foundation)
- [Progress in Cardiovascular Diseases](#)

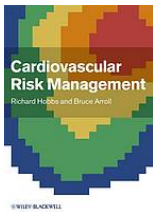
### Books



[Cardiovascular and Pulmonary Physical Therapy: an Evidence-Based Approach](#)



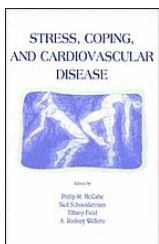
[Practical Cardiovascular Medicine](#)



[Cardiovascular Risk Management](#)



[Cardiovascular Diseases and Physical Activity](#)



[Stress, Coping, and Cardiovascular Disease](#)

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## Mary Cabral

Health Sciences Librarian

Clarkson University Libraries

315-268-4462

[mcabral@clarkson.edu](mailto:mcabral@clarkson.edu)

Want to meet with me? [Check my calendar](#) to set up a Zoom meeting.