
Notes from the Health Sciences Library - April 13, 2022

1 message

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April is National Poetry Month



Take a short break from the heft of studying and research, the news of the day and the daily grind to read a poem or two. Poetry has the power to inspire and excite, to share a lived experience, to heal us, to connect us.

[The Healing Power of Poetry](#)

"It beats like a heart, soothes emotional wounds, and builds life-giving connections." An interview with physician and poet Rafael Campo on the AAMC site (American Association of Medical Colleges)

[Metaphors, Medicine, and the Poetry of Science](#)

A *Science Friday* podcast episode exploring where science and poetry meet.

[Poetry and Medicine](#)

A brief article and video clip from *The Medscape Journal of Medicine* on the special relationship between poetry and medicine.

You can find a plethora of poetry and poets on these sites:

- [Poetry and Medicine](#)
A site on the JAMA network (Journal of the American Medical Association) where artists and physicians share poems that explore the experience and meanings of healing and illness.
- [Poetry Foundation](#)
"An independent literary organization committed to a vigorous presence for poetry in our culture. It exists to discover and celebrate the best poetry and to place it before the largest possible audience."
- [poets.org](#)
The American Academy of Poets, "the nation's leading champion of American poets and poetry." Sign up for poem-a-day!
- [The New Yorker Poetry Podcast](#)
Poetry readings and discussions with poets.
- [Poetry in Medicine Podcast](#)
This podcast seeks to "foster empathy and encourage humanism in the daily practice of medicine through poetry."
- [Poetry at the Clarkson Libraries](#)
A surprisingly large collection of books in print to check out and thumb through or books to read right away online.

Billy Collins is a favorite of mine - I was introduced to his works when he served as [US Poet Laureate](#) (a new laureate is named each year), launched [Poetry180](#) (you can read them all online!), and did regular readings on NPR. I enjoy his voice and the rhythm of his reading. He does a daily [Poetry Broadcast](#) on Facebook, begun during the height of Covid isolation. He launched this year's poetry celebration with his poem [Introduction to Poetry](#).

Amanda Gorman is a celebrated young poet you may know about as the [youngest inaugural poet](#) in US History. She is self-described as a wordsmith and change-maker and is inspiring!



Do you have a favorite poet or poem? Please share!

Have ideas for topics or events you would like to see highlighted in *Weekly Notes*? Please let me know!

Read [Weekly Notes](#) from previous dates.

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