Focus on Geriatric Rehabilitation

(with a nod to the PT students starting the summer course next week)

Select eBooks

- Guccione’s Geriatric Physical Therapy (Avers, Wong, & Guccione, 2020)
- A Comprehensive Guide to Geriatric Rehabilitation (Kauffman, Scott, Barr, & Moran, 2014)
- Geriatric Rehabilitation (Cifu, Lew, & Oh-Park, 2018)
- Geriatric Physical Therapy: A Case Study Approach (Staples, Heitzman, & Kegelmeyer, 2016)
- Physical Change and Aging (Saxon, Etten, & Perkins, 2014)
- Physical Activity and the Aging Brain (Watson, 2017)
- Essentials of Clinical Geriatrics (Kane, Ouslander, Resnick, & Malone, 2018)
- Oxford Handbook of Geriatric Medicine (Bowker, Price, & Smith, 2012)

and many more in print and electronic format
Topics in Geriatric Rehabilitation
A focused journal that presents clinical, basic, and applied research, as well as theoretical information, consolidated into a clinically relevant form.

JAMA Network: Geriatrics: (mostly free) articles on trending topics from the Journal of the American Medical Association. You can search for focused research (try "physical therapy" or rehabilitation).

An in-depth topic from UpToDate
Overview of Geriatric Rehabilitation: Patient Assessment and Common Indications for Rehabilitation

Physiopedia: Older People/Geriatrics
A wealth of information about physiotherapy and older adults including details about a variety of conditions that affect the aged, tests and measures, case studies, and more.

Tools:
- Geriatric Examination Toolkit (compiled by U. Missouri)
- Rehabilitation Measures Database (filtered to focus on Older Adults & Geriatric Care)
- Stroke Engine (tons of information about interventions & assessment tools used in stroke rehabilitation)

Other resources:
- Health Aging: Seniors' Mobility Toolkit for Physiotherapists (from Physiotherapy Alberta, CA)
- NIH National Institute on Aging (NIA)
  One of the 27 Institutes and Centers of the National Institutes of Health. NIA leads a broad scientific effort to understand the nature of aging and to extend the healthy, active years of life. Explore the drop-down menus for specific health topics and research.

Read Weekly Notes from previous dates.

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Want to meet with me? Check my calendar to set up a Zoom meeting.