



Congratulations!

You have been selected to participate in the **I**ntegrated **C**larkson **E**xperience (ICE). ICE is a new college prep program designed for students who are in their sophomore, junior, and senior years of high school who are currently or were previously involved with the NYSED STEP Program at Clarkson (known as IMPETUS for Career Success). Now that you are in high school, your goals and interests are probably changing as you look forward to after high school. This program is designed to help you as think and plan your future. As a participant in ICE, you will be carefully matched with a Clarkson student mentor who has similar interests. With your mentor you will participate in fun activities while exploring options after high school.

The ICE program is designed to help you deal with challenges you may face as you plan for your future through interaction and experiences with college students. The program will start in January. Each month you will have the opportunity to meet with your mentor during the monthly school visit to Clarkson. The good news is that the program is flexible to match your busy schedule if those times do not work. You will also be able to interact with your mentor outside of the monthly visits. As part of the program, you and your mentor will complete a *Road Map to Success* booklet to help with important choices that will come up over the next years. In addition, you can participate together in a variety of activities such as the Knight Race, hikes, mock job/college interviews, and a special college visitation day.

We hope you accept this invitation to pair with you a Clarkson University student! To join the ICE, please complete the attached Mentee Profile about your interests and hobbies to create a personalized profile that will be used to pair you with a Clarkson student. Please return your Mentee Profile to your coach. If you have any questions, please contact me by email (jknack@clarkson.edu) or my office phone (315-268-4315).

Sincerely,

A handwritten signature in cursive script that reads 'Jennifer M. Knack'.

Jennifer M. Knack, Ph.D.
Mentoring Director
jknack@clarkson.edu
315-268-4315



ICE PROFILE

Date _____

Personal Information:

Name _____
First Middle Last

Date of Birth _____ Gender: [] Male [] Female

Preferred t-shirt size: [] Small [] Medium [] Large [] Extra-large [] XX-large

Name of School _____ Grade Level _____

Ethnicity (optional, this information is for mentor/mentee pairing)
[] White/Caucasian [] Hispanic/Latino [] Black/African American [] Asian/Pacific Islander
[] Native American/American Indian [] Other _____

Address _____
Street City State Zip Code

Home phone _____ E-mail address _____

Father/Guardian's name _____

Work phone _____ Occupation _____

Mother/Guardian's name _____

Work phone _____ Occupation _____

Emergency contact _____ Home phone _____

Work phone _____ Relationship _____

What is your favorite...

Food _____

Color _____ Book _____

Movie _____

Music Group _____ Song _____

Person _____

Your Interests:

1. What are your hobbies and interests?

2. Do you participate in any extracurricular activities outside of school (e.g., community service, youth programs, a job)? If yes, please tell us what activities you participate in:

3. What do you see yourself doing in 5 years?

4. Would you like to go to college after you graduate? Yes No Unsure

5. Is there anything you hope your mentor will be able to assist you with?

6. What fun activities would you like to do that is not related to work?

7. If you could learn something new, what would it be?

8. What interests and activities would you like your mentor to have?

9. Tell us something interesting about yourself.

10. Please check all the activities you do or might like to do with your Clarkson mentor:

<input type="checkbox"/> Movies	<input type="checkbox"/> Tutoring	<input type="checkbox"/> Hiking	<input type="checkbox"/> Video games / Computer
<input type="checkbox"/> Music	<input type="checkbox"/> Sports	<input type="checkbox"/> Reading	<input type="checkbox"/> Roller skate / Ice skate
<input type="checkbox"/> Eating Out	<input type="checkbox"/> Sport Events	<input type="checkbox"/> Miniature Golf	<input type="checkbox"/> Community Service
<input type="checkbox"/> Parks	<input type="checkbox"/> Animals	<input type="checkbox"/> Cooking	<input type="checkbox"/> Arts and Crafts
<input type="checkbox"/> Board Games	<input type="checkbox"/> Shopping	<input type="checkbox"/> Bowling	<input type="checkbox"/> Theatre/Plays
<input type="checkbox"/> Museums	<input type="checkbox"/> Other Ideas (please give suggestions of other ideas): _____		

Match Information:

What days of the week do you think you'll usually be available to participate (starting in January)? (check all that apply):

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

What is the best time for you to participate? (check all that apply):

Afternoons Evenings Weekends

Would you be willing to

- Share your email
- Be friends on Facebook/Instagram/social media
- Do you have access to texting
- Do you use google docs?
- Do you have internet at home?
- Do you have your license and access to flexible transportation?

How important is it to you that you and the college student you are paired with share the same interests and activities? Doesn't matter somewhat important very important

What three words best describe you? _____

School Information:

1. List the classes you are taking this year:

2. What subjects are hard for you?

3. What subjects do you feel you need help with?

4. What classes do you like the most?
